

The TLC Vert-shop:

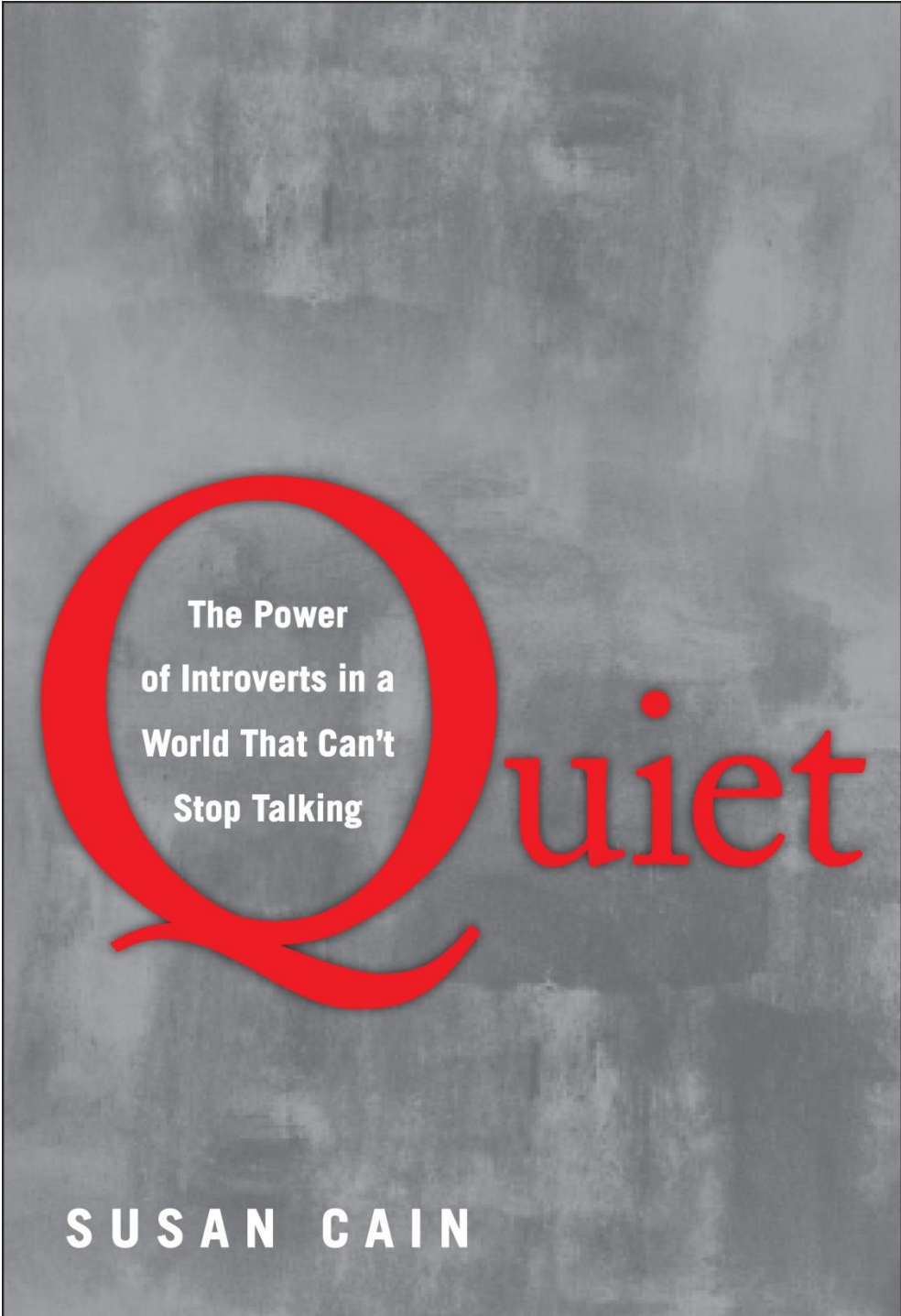
Introverts, Extroverts and Ambiverts in the Classroom

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Possible Agenda

- Vert Quiz
- Vert effects on our teaching
- Vert effects on our students
- Free Trait Theory
- Classroom Setups
- How much do we and should we consider the construct of Intro/Extroversion?
- Are different disciplines more/less effected by Vert behavior?
- Teaching strategies



The Power
of Introverts in a
World That Can't
Stop Talking

Quiet

SUSAN CAIN

Introvert / Extrovert Quiz

- *Answer each question "true" or "false", choosing the answer that applies to you most.*

Introvert / Extrovert Quiz

1. I prefer one-on-one conversations to group activities.
2. I often prefer to express myself in writing.
3. I enjoy solitude.
4. I seem to care less than my peers about wealth, fame and status.
5. I dislike small talk, but I enjoy talking in depth about topics that matter to me.

Introvert / Extrovert Quiz

6. People tell me that I'm a good listener.
7. I'm not a big risk-taker.
8. I enjoy work that allow me to "dive in" with few interruptions.
9. I like to celebrate birthdays on a small scale, with only one or two close friends or family members.
10. People describe me a "soft-spoken" or "mellow".

Introvert / Extrovert Quiz

11. I prefer not to show or discuss my work with others until it's finished.
12. I dislike conflict.
13. I do my best work on my own.
14. I tend to think before I speak.
15. I feel drained after being out and about, even if I've enjoyed myself.

Introvert / Extrovert Quiz

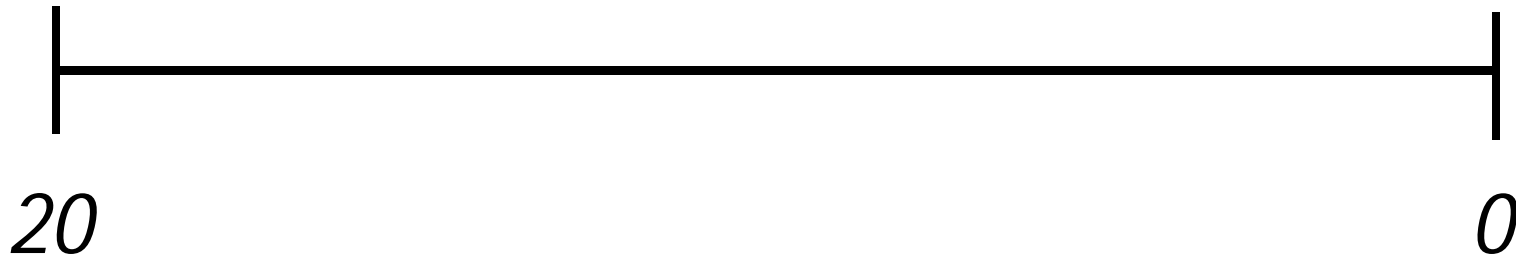
16. I often let calls go through to voicemail.
17. If I had to choose, I'd prefer a weekend with absolutely nothing to do to one with too many things scheduled.
18. I don't enjoy multitasking.
19. I can concentrate easily.
20. In classroom situations, I prefer lectures to seminars.

Introvert / Extrovert Quiz

- *How many "true" answers?*

Introvert

Extrovert



Shyness vs. Introversion

Shyness = “the fear of social disapproval or humiliation”
= negative connotations in society

Introversion = “a preference for environments that are not overstimulating” *
= negative connotations?
= contemplative

* Cain, p. 12

Extro- vs. Introversions

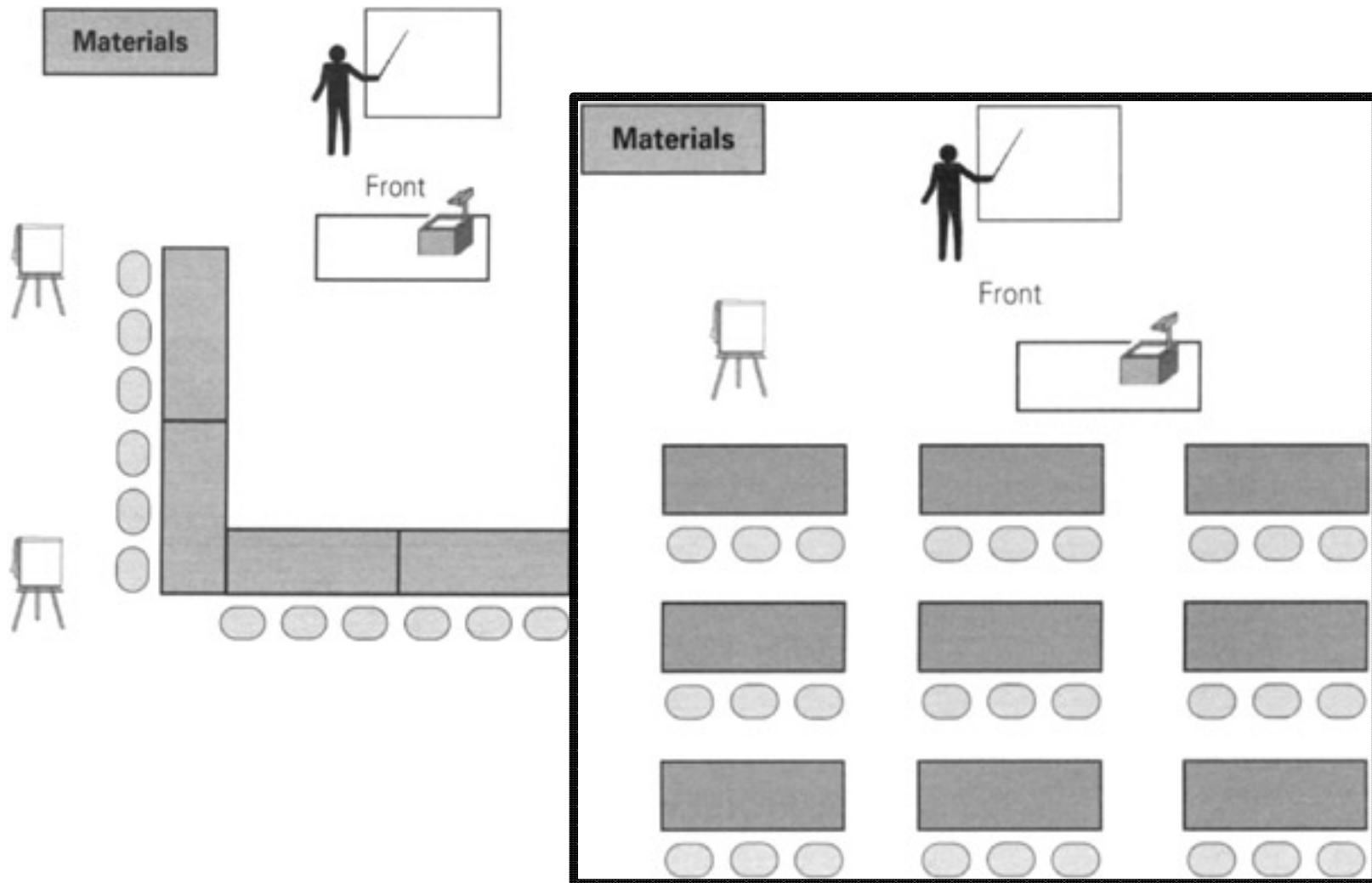
= active vs. contemplative approaches?

Introversion “concentrates the mind on the tasks in hand, and prevents the dissipation of energy on social and sexual matters unrelated to work.” (Cain citing Hans Eysenck, 74)

“Deliberate Practice”

(Anders Ericsson, *The Talent Code*)

Your Ideal Classroom Setup

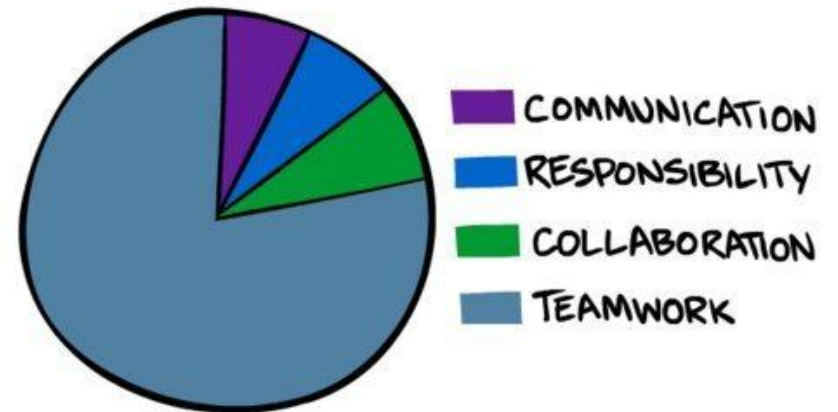


Groups are Drugs

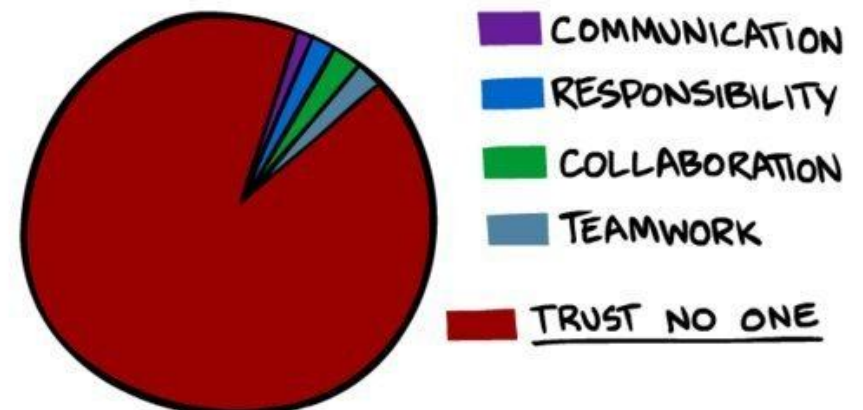
Why group brainstorming fails:

1. *Social loafing*
2. *Production blocking*
3. *Evaluation apprehension**

WHAT GROUP PROJECTS ARE SUPPOSED TO TEACH YOU



WHAT GROUP PROJECTS TAUGHT ME



* Cain, pp. 89-94

The Free Trait Theory

- Brian Little (psychology lecturer, 3M Teaching Fellow)
- “person-situation” debate:
 - Personalists = Hippocrates, Milton, Shopenhauer, Jung
 - Situationists = Goffman, *The Presentation of Self in Everyday Life*
- Free Trait theory = we are born with personality traits, but act out of character for “core personal projects”

Core Personal Projects

- Not always easy to identify
- Cain's suggestions:
 1. What did you love to do as a child?
 2. What kind of work you gravitate to?
 3. What/Who do you envy?

The Free Trait Agreement

- “Restorative niches” (not just for introverts!)

- The FTA:

What? An acknowledgement that “we will act out of character for some of the time — in exchange for being ourselves the rest of the time.” (Cain 221)

With whom? An agreement with ourselves.

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The Miniature Guide

For Those Who Teach

on
Practical Ways To Promote

Active & Cooperative Learning

by
Dr. Wesley Hiler
and
Dr. Richard Paul

Based on
Critical Thinking Concepts & Principles

Note: This guide is best followed up by the guide: "How to Improve Student Learning"

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Active Learning Strategies

- Use study questions and have students quiz each other
- Short quizzes, sometime done in pairs
- Have students do pre-writing
- Discuss first in pairs, then in large group
- Learning logs
- Students evaluate each other's work